# Collaborative & Proactive Solutions: Virtual Training

#### with

Dr. Ross Greene, PhD

Collaborative and Proactive Solutions (CPS) is the evidence-based model Dr. Ross Greene describes in his influential books *The Explosive Child, Lost at School, Lost & Found,* and *Raising Human Beings.* 

The CPS model has transformed thinking and practices in countless families, schools, inpatient psychiatric units, and residential and juvenile detention facilities throughout the world, and has been associated with dramatic reductions in adult-child conflict, concerning behaviours, disciplinary referrals, detentions, suspensions, restraints, and seclusions.

The model represents a significant departure from discipline-as-usual: it focuses on solving problems rather than on modifying behaviour, emphasises collaborative rather than unilateral solutions, encourages proactive rather than reactive intervention, de-emphasises diagnostic categories, and provides practical, researchbased tools for assessment and intervention.

In these sessions, Dr. Greene will provide an overview of the CPS model, along with more advanced coverage of the nuances of assessment and engaging kids in solving the problems that affect their lives.

# DR ROSS GREENE

### **CPS Introductory Course**

A general overview of the CPS model, including key themes, use of assessment instrumentation, and solving problems collaboratively.

Session 1 - Thursday 3rd November 8am – 12pm AEST (includes 30min break) One week replay on-demand

Session 2 - Thursday 10th November 8am – 12pm AEST (includes 30min break) One week replay on-demand

### **CPS Advanced Course**

Dive deeper into various facets of the CPS model. Includes extensive use of video examples and ample time for questions and discussion

Session 1 - Thursday 17th November 8am – 12pm AEST (includes 30min break) One week replay on-demand

Session 2 - Thursday 1st December 8am – 12pm AEST (includes 30min break) One week replay on-demand



## www.illumelearning.com.au/events

### **ABOUT THE COURSES**

The courses, hosted by Illume Learning and presented by Dr Greene, will feature lecture, video demonstration, and Q & A.

At the conclusion of this training participants will be able to:

- Describe the five big shifts of the CPS model, including focusing on problems rather than behaviours, the advantages of collaborative (rather than unilateral) problem solving; and the importance and feasibility of proactive (rather than reactive) intervention.
- Identify the lagging skills and unsolved problems using the Assessment of Lagging Skills and Unsolved Problems(ALSUP).
- Describe the three basic mechanisms by which adults handle unsolved problems and unmet expectations in kids (Plans A, B, and C) and what is accomplished by each, and the three steps or "ingredients" of Plan B.
- Describe how to effectively implement Plan B to solve problems, teach skills, and reduce the frequency and intensity of challenging behaviour.
- Identify the strategies for dealing with the various structural factors in schools that may impede implementation of the CPS model.
- Describe and deal with the roadblocks commonly encountered in implementation with individual children and in families and systems.

Participants in this training will leave with an understanding of the underpinnings of the CPS model, its refinements over the past 8-10 years, and a range of practical assessment and intervention tools that can be used in your setting.



Add a book bundle featuring 3 incredible titles by Dr Greene to your registration for \$100 including shipping within Australia.

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# **WHO SHOULD ATTEND?**

Teachers, Principals and other School Leaders, Parents, Speech/Language Pathologists, Psychologists, Social Workers, Counselors, Paediatricians.

### **WHICH COURSE?**

If you're only interested in an introduction to the CPS model, just register for the Introductory Course. If you've already attended an introductory training with Dr. Greene, you may just want to register for the Advanced Course.

If you love the CPS model and Dr Greene, or just want to know it all, register for both!

### **REGISTRATION**

	Single course	Both courses
<b>Early bird registration</b> register by 16th September	\$229	\$349
General registration	\$249	\$399
<b>Group registration</b> (10 or more attendees booked and paid in the same booking)	\$229	\$349

#### **Registration includes:**

- 7 hours of professional development per course
- Access to the live event and a one week replay for each session
- Certificate of attendance
- Digital resource pack

## To register, visit: www.illumelearning.com.au/events